

All Recreation Academy information available at:

<http://st-mark-s-rec-academy.webnode.com>

Welcome to St. Mark's Recreation Academy 2013-2014 School Year

What can students expect?

- 50 – 75% of classes will be spent doing physical activity-based recreational activities, which are often outside of the school.
- A small handful of activities each month will be spent doing cooperative, teambuilding activities; leadership activities; self-discovery activities and creative activities in school.
- Students will also be participating in occasional lessons and projects that are designed for students to explore the benefits of the concepts this academy is built around and for students to demonstrate their learning.

What is the goal?

The goal of the academy is:

- to give students the opportunity to explore various options for engaging in physical activity. The purpose of this is to allow students to have broad and varied experiences from which they will hopefully gain confidence and independence as well as find an interest in physical activity that will help them stay active throughout their lifetime and therefore, improve their overall health and wellbeing.
- to help students develop communication, problem-solving, conflict-resolving and various skills that will help them work cooperatively on a team whether it be in recreation, school, at home or in the workplace. This will also give students the opportunity to gain experience in those areas that could potentially come in handy in a future interview.
- to introduce students to volunteerism and its benefits to the community and self which also could potentially be used on resumes, be drawn upon in interviews and on scholarship applications.
- to help students explore their individuality, develop their creativity and become confident in who they are as well as in a leadership role.

What is expected of students?

Students in the academy will be spending a great deal of class time outside the school. As such, they will be representatives of the school on a regular basis. In order to have the privilege to participate in out-of-school activities, students must demonstrate the utmost respect for all teachers, leaders, guides, peers, bus drivers, the environment and basically anyone they come in to contact with during our outing. They are expected to diligently follow all directions and demonstrate Catholic values when we are outside of the school.

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Students are also expected to come prepared for each class with everything they need to participate fully. If students are changing for an out-of-school class, they are required to do so prior to the time we are set to depart, as our schedules are exact. Changing should also NOT interfere with other classes. Often, students will be required to bring a bag lunch and eat on the bus. The type of clothing required by students on a given date and whether they need a bag lunch or not is indicated on the attached activity guide. It is up to students and parents to keep track of this information, although students will be reminded in class.

When we are leaving at lunchtime, students will be missing a short religion block. Students are expected to be fully responsible for approaching their teachers for any missed work and handing it in on time.

What will students be evaluated on?

Following each recreational activity, students will self-evaluate (with teacher supervision) on how well they feel they wholeheartedly gave an effort to understand and participate in the given activity. This will be out of 4 and this category is worth 70% of their overall grade.

Students will also be evaluated on 3 term projects throughout the year. Each term project will be worth 10% of their grade and will be based on the outcomes in the curriculum for that term.

Allocation of Fees:

The monthly student fees will be spent primarily on recreational activities in and outside of the school. Occasionally, activities can be brought into the school but more often than not, the fees will be covering transportation and activity costs. A small amount of the fees will go to supplies for various activities and for academy wear for the students. The goal of the program is to use student fees as fully and efficiently as possible to maximize student experiences.

Feedback, Questions or Concerns:

If you have any feedback, questions or concerns, please feel free to contact us at the school. Especially being the first year this academy is running, we appreciate any feedback and suggestions, which we will take into serious consideration.

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OR

Call me at the school at

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